



Ensalada de Frutas

Description

Our fruit salad is much more than just fruit. It's a fun mix of sweet and tropical flavors. There are places we call "Fruterias" where they make this and other sweet delights.

Ensalada de Frutas or Fruit Salad (English version below)

Ingredientes

- 1 porcion de piña
- 1 porcion de papaya
- 1 porcion de patilla
- 1 porcion de bananos
- 1 porcion de kiwi
- 1 porcion of fresas
- 1 porcion de uvas
- 1 porcion de uchucas
- 1 porcion de manzanas
- Helado de vainilla o fresa.
- 100 mililitros de crema de leche
- Dulce de fresa o mora.

Preparacion

1. Se cortan todas las frutas en trozos pequeños por separado y luego se mezclan en una taza grande.
2. Se sirven en platos hondos o copas individualmente.
3. Se añade una bola de helado y dulce de fresas o mora

Nota:

Se puede agregar crema, galletas o barquillos.
Se puede decorar con otras frutas.

Fruit Salad (English version)

Ingredients

- 1 serving of pineapple
- 1 serving of papaya
- 1 serving of watermelon
- 1 serving of bananas

- 1 serving of kiwi
- 1 serving of strawberries
- 1 serving of grapes
- 1 serving of physalis
- 1 serving of apples
- Vanilla ice cream or strawberry
- 100 milliliters of double cream
- Strawberry jam or blackberry jam

Preparation

1. Cut all fruit into small pieces separately and then mix in a large bowl.
2. Serve in individual bowls or cups.
3. Add a scoop of ice cream and strawberry jam or blackberry jam.

Note:

You can add double cream, biscuits or waffles.
You can decorate with other fruit.