

- 1 serving of papaya
- 1 serving of watermelon
- 1 serving of bananas
- 1 serving of kiwi
- 1 serving of strawberries
- 1 serving of grapes
- 1 serving of physalis
- 1 serving of apples
- Vanilla ice cream or strawberry
- 100 milliliters of double cream
- Strawberry jam or blackberry jam

Preparation

1. Cut all fruit into small pieces separately and then mix in a large bowl.
2. Serve in individual bowls or cups.
3. Add a scoop of ice cream and strawberry jam or blackberry jam.

Note:

You can add double cream, biscuits or waffles.
You can decorate with other fruit.